

# What's For Lunch?



## Menu B Week 3

Monday	Tuesday	Wednesday	Thursday	Friday Meat Free
Mexican Beef Chili Taco Homemade Cheese & Bean Pie Baked Potato and MSC Tuna Mayonnaise Filling Corn on the Cob slices Garden Peas Homemade Cajan wedges Apricot Flapjack Slices Basket of Fresh Seasonal Fruit or Mandarin Orange pots Organic Yeo Valley yoghurt	Homemade beef burger in red onion gravy Organic Cheese and Tomato Pizza Slice Homemade Sandwich Platter Selection Baked Beans Medley of vegetables Oven baked Thick Cut Chips Eves Pudding and Custard Sauce made with organic milk Basket of Fresh Seasonal Fruit or Melon slices	Roast Chicken & sage and onion stuffing MSc Salmon Goujons Baked Potato & Savoury Cheese Filling Fresh Carrots Broccoli Florets Creamed and Roast Potatoes Mandarin Fruit Jelly and Ice Cream Organic Cheese and Crackers Basket of Fresh Seasonal Fruit or Fresh Fruit salad pot Organic Yeo Valley yoghurt	Chicken Tikka Masala Curry Msc Tuna Pasta Bake Pita pockets filled with egg mayonnaise & salad Sweetcorn Whole Green Beans 50/50 Rice Shortbread Triangles Basket of Fresh Seasonal Fruit or Fresh Strawberry & Pineapple Pots Organic Yeo Valley yoghurt	MSC Fish Finger Bap and Side Salad Ravioli and Wholemeal Crusty Cob Baked Potato & Baked Beans Garden Peas Salad pot Croquette Potatoes Bakewell Tart and Custard Sauce with Organic Milk Basket of Fresh Seasonal Fruit or Fresh Fruit Platter Organic Yeo valley yoghurt

Over 90% of the food on this Menu is Homemade by our dedicated Catering Teams and cooked on site. We use high quality, regionally sourced products such as Organic Milk, Yoghurt, Cheese, Eggs, Flour, Fresh Meat (menu A), Vegetables, Higher Animal welfare meat, MSC Fish and Tuna. We serve daily a fresh salad bar with wholemeal bread and fresh drinking water is also available.

Our Gold award-winning Education Catering Service Oldham guarantees that children are getting a healthy balanced meal 5 days a week using fresh products cooked onsite each day.

[www.oldham.gov.uk/school meals](http://www.oldham.gov.uk/school meals) Allergen information available on request

